

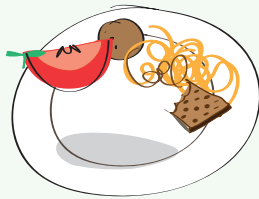
Tan/kan waxaad ku tuuraysaa bacda cagaaran!



Khudaarta miraha ah ee la cuno iyo khudaarta cagaaran Qashin, qolof iyo iniino iyo sidoo kale khudaarta miraha ee la cuno iyo khudaarta cagaaran.



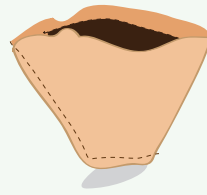
Cunto baruur leh Subag, margariin, saliid iyo Cuntada kale ee baruura leh.



Cuntada soo harta Cuntada karsan iyo tan aan la karin



Lafo iyo qolof Hilibka- iyo lafaha kalluunka/ malaayga, wixii ka soo hara marka malaayga/ kalluunka la nadiifiyo, qolof ka timid cuntada badda iyo ukunta



Kafeega/bunka iyo shaaha Kafeega/bunka iyo shaaha, la shaandheeyo (filter)

FIIRO GAAR AH! Marka bacda cagaaran ay buuxsanto, laba jeer afka ka xir inta aadan ku ridin qashinka caadiga ah ka hor.

Tan/kan **KUMA** ridaysid/tuuraysid bacda cagaaran!



Daawooyinka Daawooyinkii hore ee xumaaday waa in la keeno farmashiyaha.



dhirta Ubaxyada dheryaha ku jira, carrada wax lagu beero iyo qashinka beerta jardiinada guriga.



Waraaqaha afmariska & waraaqaha Waraaqaha, waraaqaha afmariska, dharka, xafaayadaha, faashadaha iyo xafaayadaha dumarka



Tubaakada Haashka sigaarka iyo tubaakada/ buuriga

FIIRO GAAR AH! Wargeysyada/jooraalada, baakadaha, kartoonaada, bacaha, dhalooyinka, biraha, kiimikooyinka iyo qaar kale oo badan waa in la geeyaa meelaha alaabta dib loo warshadeeyo.



Kinda kommun